



# Consecration to Jesus Through Mary

Join St. Thomas & St. Mary parishioners as we prepare for Marian Consecration.

## What is it?

**A substantial period of prayerful preparation** (typically 33 days). Our parishes will host a small group that commits to making the consecration together over this time period.

**A final prayer** — the Act of Consecration itself — to be said on the day of the consecration.

**A persistent spirit of trust** in Mary's motherly care and intercession, to endure for the rest of your life.

## Are We Making Mary more important than God Himself?

The answer is an emphatic *no*. Mary's goal, while alive, was simply to live in union with God, and now that she's in Heaven, she has the same goal for us. Consecrating ourselves to Mary is not with the intention of *replacing* God but allowing Mary to bring us closer to him, as other servants of the Lord, committed to doing his will in the world.

## Where do I start?

Since there's a particular kind of preparation associated with making a consecration to Mary, you'll need some guidance through the process. Join our parishes' small group for Marian consecration. You will find it helpful, because of the benefit of being able to pray and process your reflections with others.

You'll need a book. Our parishes will be using Fr. Gaitley's conversational, approachable style in "**33 Days to Morning Glory**." He does a great job of breaking down consecration into related themes that build on one another, and offering short prayers to meditate with each day. Plus, he organizes each week of the retreat according to the theology of a particular Marian saint: Louis de Montfort, Maximilian Kolbe, Mother Teresa, and John Paul II. **The book can be found on FORMED in a digital format or can be purchased by using this link:** <https://catholic.market/programs/hearts-afire/33-days-to-morning-glory/>

Contact 618-783-8741 to learn more.

## What do I do after Consecration?

After consecrating your heart to Mary, the primary focus is to continue deepening your relationship with her through prayer, actively incorporating practices like the rosary, daily reflection on her life, and seeking her intercession in your life, essentially living out your commitment to her by aligning your thoughts and actions with her teachings and example.

Key points to remember after consecration to Mary:

- **On the First Saturday of the month for Five Consecutive Months:** Confession, Rosary, Attend Mass, Meditate on Mary's Life 15 minutes
- **Regular prayer:** Continue praying the rosary, the Angelus, and other Marian devotions regularly.
- **Meditation on Mary's life:** Reflect on the virtues and events of Mary's life to learn from her example.
- **Seeking her intercession:** Ask Mary to pray for you and your needs.
- **Living a virtuous life:** Strive to live a life that aligns with Mary's values, particularly humility, charity, and obedience.
- **Spiritual reading:** Read about Mary's life and teachings from trusted sources.
- **Gratitude:** Express your thanks to Mary for her love and guidance.

# Marian Consecration Timeline 2025

Meeting Date	Time	Location	Description
Saturday, January 25th	9:00 AM	St. Mary	Introduction/Overview
Mon., January 27th – Fri., February 28th	On Your Own		33 Days to Morning Glory Retreat
Saturday, February 1st	7:30 AM	St. Mary	First Saturday; Reconciliation, Adoration, Mass
Saturday, February 8th	9:00 AM	St. Thomas	Weekly Meeting/Reflection w/prayer
Saturday, February 15th	9:00 AM	St. Thomas	Weekly Meeting/Reflection w/prayer
Saturday, February 22nd	8:00 AM	St. Thomas	Weekly Meeting/Reflection w/prayer
<b>Saturday, March 1st</b>	<b>7:30 AM</b>	<b>St. Mary</b>	<b>First Saturday of Five; Consecration to Mary</b>
Saturday, April 5th	7:30 AM	St. Mary	First Saturday; 2nd of Five
Saturday, May 3rd	7:30 AM	St. Mary	First Saturday; 3rd of Five
Saturday, June 7th	7:30 AM	St. Mary	First Saturday; 4th of Five
Saturday, July 5th	7:30 AM	St. Mary	First Saturday; 5th of Five